



# Education at its best.

MONTELLO SCHOOL DISTRICT

## Sick Child Guidelines

Please visit the [Wisconsin Childhood Communicable Disease Flowchart](#) for guidelines for a specific illness that your child may have been diagnosed with.

**As a general rule, your child is too ill to go to school if they have:**

- **Vomited** due to illness (they may return to school after 24 hours of no vomiting)
- Had **2 or more episodes of diarrhea** (may return to school after 48 hours without any episodes of diarrhea)
- Becomes **short of breath** or have **wheezing**
- Coughing **that disrupts normal activity** (mild coughing is still okay since this may persist for weeks following illness)
- Distracting **pain** from an earache, headache, sore throat or recent injury and over the counter medication such as tylenol, ibuprofen, or cough drops are not helping
- A fever above 100F (they may return to school after being fever free without the use of medication for 24 hours)

### **Reminders:**

- School is a child's work. If your child is absent often, it may be harder for them to keep up with the class.
- Ask your doctor or school nurse if you are not sure about keeping your child home from school.
- Please report any absences to the Welcome Center.
- If a student comes to the health office 2 or more times in one day, a parent/guardian will always be notified. Many times when students visit the health office with a problem, it does not warrant going home immediately. We ask them to try water, rest, snack, bathroom, and come back if it does not help or gets worse. On the second visit, we will always notify a parent/guardian.

### **Jr./Sr. High Students:**

Students who are asking to go home ill or injured should be calling from a school phone with the school nurse or a staff member. Many times when students visit the health office with a problem, it does not warrant going home immediately. We ask them to try water, rest, snack, bathroom, and come back if it gets worse. On the second visit, we always call a parent/guardian. If you ever hear from your child from their personal cell phone requesting to go home, please contact the school nurse for clarification (608-297-7617, x159).